

2022 SUMMER AUDITION VIDEO SPECIFICATIONS

The video should be approximately 15 minutes in length and portray the student in practice clothes (girls in leotard and tights without skirts; boys in T-shirt and tights) in an abbreviated class with the following barre and center exercises. Pointe work is required only for students 12-18 who are applying for the 5-week Summer Course in NYC. Students ages 10 & 11 (and 12 year olds applying only to the one-week NY Junior Session) may include pointe exercises if they have already started working on pointe, but these exercises are not required. See bottom of page for pointe work specifications by age.

We recognize that many students may not have access to a ballet studio for filming their audition video. If you are recording your video application at home or in a non-traditional dance space, please only include the listed steps that can be safely executed in your space. The pointe work requirements listed below may be modified as needed based on the limitations of your floor surface. Please include only what you can safely accomplish.

Note, that you should include exercises that apply to the applicant's age at the time the video is being recorded.

**Please do not include any variations or performance footage in the video audition.*

Please film barre work from a side (slightly front) angle. Position the camera as close as possible but ensure that that your entire body is fully visible from head to toe for both barre and center work.

BARRE EXERCISES (for all ages)

all should be simple combinations

- Two demi-pliés and one grand plié in first, second, fourth and fifth positions (one side)
- Tendu (both sides)
- Frappé (both sides)
- Piqué (both sides)
- Rond de Jambe (à terre & en l'air) (both sides)
- Développé (both sides)
- Grand Battement (both sides)

CENTER EXERCISES (for all ages unless otherwise indicated)

- Tendu Battement
- Abbreviated Adagio (ages 10-12) – simple combination for four 8-counts
- Adagio (ages 13-18) – incorporate développé à la seconde and développé to arabesque
- Pirouettes (ages 10-12) Single pirouette or Relevé Passé if pirouettes have not yet been learned
- Pirouettes (ages 13-18) – from fourth and fifth position, single and double
- Sauté (in all positions)
- Changement from 5th position
- Assemblé
- Jeté

If filming in a studio or a large home studio space in which the following can be safely completed, please include the following steps:

- 10-12 year olds: Brief Waltz across the floor (two 6-counts)
- 13-18 year olds: Glissade assemble
- 13-18 year olds: A step going across the floor with either tour jeté or cabriole.
- Boys ages 12-13: Big Jump or single tour en l'air
- Boys ages 14-18: Entrechat six and tour en l'air (single or double)

POINTE REQUIREMENTS

Pointe is required for 12-18 year olds applying to the 5-week Summer Course and optional for 10-11 year olds and 12 year olds applying to the one-week NY Junior Session only.

10-13 year olds

(10-11 year olds should only include if they have already started pointe training)

Show the following with two hands on the barre. Use portable barre if possible and film dancer from the front. If a wall barre must be used, please film dancer from behind (do not film a side view)

- Relevé
- Échappé (from 2nd and 5th)

14 year olds

Complete all barre exercises on flat. Wear pointe shoes for the following center exercises.



- Single pirouette
- Echappés (from 5th position)
- Relevé fondu or relevé in arabesque

15-18 year olds

All barre and center work should be done in pointe shoes if possible. If floor circumstances aren't ideal, wear your pointe shoes only for barre/center exercises that can be completed safely.

Uploading your video

All videos must be uploaded to a streaming service such as YouTube or Vimeo prior to submitting the online application. You will be required to provide a link/url to your final video in the application. YouTube is the preferred viewing platform for SAB's faculty. Instructions for uploading your video to YouTube are included below.

1. Navigate to www.youtube.com.
2. Sign in to YouTube, you can use your Google account to log in to YouTube. If you do not already have a Google account, you can sign up for one here <https://accounts.google.com/SignUp?hl=en>.
3. In the top-right corner, click CREATE  > Upload videos .
4. Select the file you'd like to upload. Please only upload one video. You can combine video files in programs such as iMovie before uploading to YouTube. It is difficult for our faculty to properly access and evaluate submissions that contain multiple video links such as playlists.
5. As the video is uploading, you will be asked to include a title. You may title this video anything you like, such as "SAB Audition Video". The title **does not** need to include the applicant's name. You may also include a description, though this is not required.
6. Under "Audience," **please select "No, it's not made for kids"**. This video is intended for the viewing by our faculty, not children. In previous years, we have had difficulty with some videos being taken down when "Yes, it's made for kids" is selected.
7. Under "Visibility," please select "**Unlisted**." An unlisted video is secure and private as it can only be viewed by individuals with a direct link. An unlisted video will not be searchable on YouTube and will not show up on your public YouTube channel listings. The other options under visibility are "Public" and "Private," which you should not use for your audition video. We cannot access private videos and we do not recommend uploading a public video.
8. Your video will be published once your upload finishes and you save all your settings. You can then copy the video URL and add this to your online SAB application form.
9. You can also watch a video upload tutorial here <https://youtu.be/6C4dEpT0rYg>.