

PART-TIME NUTRITION EDUCATOR AND 1:1 COUNSELING

Organization Overview

The School of American Ballet (SAB) at Lincoln Center, founded by George Balanchine and Lincoln Kirstein, is the preeminent ballet school in the country. Our mission is to train professional dancers for careers in classical ballet. We provide the resources for a diverse pool of students to train at the highest level – with 20-25 a year going on to dance for New York City Ballet, our official but independent company, and other major ballet companies worldwide. SAB has a far-reaching impact on the art form and enriches the lives of each student who comes through our doors, over 1,000 annually.

During the Winter Term (September-June), sixty Advanced students reside on-site at the School in the Meredith Willson Residence Hall, a facility shared with the Juilliard School. During SAB's 5-week Summer Course (June and July), 200 middle school and high school students reside on campus.

SAB's Department of Student Life is dedicated to fostering and promoting a well-rounded approach to the emotional, social, physical, cultural, intellectual and academic spheres of SAB students' lives. The Department's work is deeply engrained into the SAB student experience and aims to enhance students' artistic training by supporting them fully outside of the studios. This support is provided through a highly intentional approach to the areas of residence life, health and wellness, academics, and personal development.

Education, awareness and skill building are at the forefront of SAB's Wellness Curriculum, which aims to educate and resource students with the tools they need to be healthy, engaged and ready to learn both within and beyond the studios. SAB's approach to the dancer as artistic athlete is woven throughout the Curriculum.

As part of the Wellness Team at SAB, the Nutrition Educator will work collaboratively to support the holistic health and wellbeing of our community. Reporting to the Director of Performance Nutrition, the Nutrition Educator will have responsibilities in the following areas:

- Conduct curriculum-based nutrition education seminars/workshops for students ranging in approximate age 11-18 years.
- Facilitate 1:1 and small group nutrition counseling for students.
- Address nutritional challenges to performance including but not limited to optimal fueling, energy deficiency, disordered eating, bone mineral disturbances, nutrient timing, meal/snack plans, on-campus/off-campus dining options, optimal nutrition for recovery from illness or injury.
- Develop and execute student programming on a monthly basis that is educational and age appropriate.
- Participate in large-scale family programming.
- Coordination of nutritional care as a member of the multidisciplinary Wellness Team.
- Liaison with food service partnership.

- Contribute to creating handouts and other education materials including social media.
- Advocate healthier eating for students and families.
- Provide consistent motivation, enthusiasm, and role modeling for healthy lifestyle choices.

Qualifications:

Candidates must be available to work after-school hours and evenings (4-9pm) and occasional weekends, 5 hours/week throughout the school year. The successful candidate for this position will have experience implementing hands-on nutrition education and counseling in a school-based, after-school, camp, and/or higher education setting.

A Bachelor's/Master's degree in nutrition is required. Candidates must be credentialed as a Registered Dietitian by the Commission on Dietetic Registration (CDR). CSSD certification preferred, not required. Experience working with students of color and LGBTQAI+ students. Excellent interpersonal skills and collaborative spirit are required. A background in sports nutrition and a deep understanding of the rigors of pre-professional performing artist training is a plus. Hourly rate is commensurate with experience.

To apply, send a resume and cover letter to Kvedder@sab.org with the subject line "Nutrition Educator." No phone calls, please.

The School of American Ballet is an Equal Opportunity Employer. The School of American Ballet is committed to an equitable and inclusive program and a diverse faculty, staff, and student body. Candidates from diverse backgrounds are encouraged to apply.