



SCHOOL
OF AMERICAN
BALLET

2020 SUMMER COURSE FREQUENTLY ASKED QUESTIONS

Will there be a chance for me to watch my child dance while they are at the Summer Course?

Yes. Class Observations will be held on July 10, 17 and 24 as well as the entire last week (July 27-July 31) of the Summer Course. Each student is permitted 2 guests to observe all of their scheduled classes, with each guest being 8 years of age or older.* Although we anticipate being able to honor all families' class observation requests, we ask that requests be made at least one week prior to the observation date using a form on our web site that will be available in early June. A notice will be sent out to all parents when this form is live.

*Please note that weight training and Pilates classes are not open for observation. Once class placements have been determined on the first day of Summer Course, students will then know their schedule of classes and class times.

Please note: All requests for dance faculty/teachers to observe classes must be submitted via email to SAB's Artistic Manager, Renee Rossi (rrossi@sab.org) or Artistic Assistant, Julia Sandke (jsandke@sab.org) after June 12th.

Is there a dress code for students during the Summer Course?

Yes. All boys must wear black tights tucked into white socks, plain white t-shirts, and white ballet slippers. Young men should bring character shoes for their ballroom and character classes.

Girls must wear the following: Black leotard with pink tights for morning Technique classes. White leotard with pink tights with a white skirt for Variations AND Pointe class. Leotards should be plain without contrasting color accents and should not be made of lace or velvet, nor should they contain side or front cut-outs. Girls should bring ballet slippers and character shoes in addition to their pointe shoes. Please note that the number of pointe shoes needed depends upon the individual. Generally, girls ages 15-18 are placed in class levels which wear pointe shoes for all technique, pointe, partnering and variations classes. Younger girls are generally placed in class levels which take all technique classes in ballet slippers and Pointe/Variations classes in pointe shoes. Girls should also bring a knee-length skirt suitable for character and ballroom classes.

When do students move in to the Residence Hall?

The Residence Hall will open on Sunday, June 28. To accommodate the large number of students moving in, check-in is broken into three groups and families will be assigned a check-in window based on their last name. Check-in assignments will begin around 9am and end around 3pm. We will be able to accommodate later arrivals that evening if required. Move-in day details will be emailed later in March. Parent meetings will be hosted at three times during the day in order to accommodate each assigned move-in window. Each meeting will cover the same information and parents/guardians are highly encouraged (but not required) to attend. More detailed information on the check-in process will be made available later in the spring.

There will be an optional Academic Meeting for families who are interested in learning more about our Winter Term academic options on Monday, June 29.

Where can we find parking on Move-in day?

There are several options for parking your car during move-in day on June 28. After dropping off your students' belongings at the check-in line that will be forming on West 65th Street (see the Guide to Move-in for specifics later in March), parking can be found at neighborhood parking garages or on the streets surrounding the Rose Building. Lincoln Center's parking garage options (including occasional coupons) can be found online at [here](#). In years past many families have found it just as easy to find free street parking on the many residential streets that surround Lincoln Center. Street signs make it easy to explore and find appropriately-timed parking for the duration of the day.

How are students placed into Summer Course class levels?

All students (regardless of whether they've attended a previous Summer Course) will take a placement class on Monday, June 29. Results of that class will be posted on Monday night so students are ready to begin their set class schedule on Tuesday, June 30. Placement class times will be posted in the Residence Hall on Sunday, June 28. The Placement class schedule will be emailed in advance to those students not staying in the Residence Hall. Results are posted in the Residence Hall after 8pm on Monday evening. Non-residential students will be emailed their placement result by 8pm on Monday evening.

What time can students begin checking out at the end of the program?

The final day of classes for students is Friday, July 31. That evening, SAB hosts a celebratory party and dance to mark the end of the program. Students must be checked out of the Residence Hall by 12pm on Saturday, August 1. Check-out officially begins at 8am, but if your child must leave before that, special arrangements can be made by calling the Residence Hall during the final week of the program.

Does SAB provide transportation to the Residence Hall from airports or train stations?

No. Students are responsible for arranging their own transportation to and from the Residence Hall at the start and end of the program. SAB is not able to provide transportation or escorts from airports, train stations, etc. Please see below for more information about travel arrangements at the end of the program.

Many students travel home from SAB without parents or guardians. During the last week of the Summer Course, all students will be required to fill out a Travel Log that will indicate their travel plans home from the program. All parents/guardians must call to confirm those travel plans by speaking to a staff member. We will post the date you should begin making those phone calls on this website during the Summer Course. All travel plans to airports/bus stations/train stations from SAB must be made by parents/guardians. We try to encourage students to find other Summer Course participants who may be traveling to the same airport, bus station, etc., so that they can coordinate travel together. Please encourage your student to do this as well! This will help cut costs and provide your child with a companion or two as they travel to their destination. A travel-buddy board will be posted in the residence hall during the last week of the program in an attempt to assist students in finding other students with similar travel itineraries.

Finally—and most importantly-- all airlines have different policies about minors traveling on their own. PLEASE BE SURE YOU UNDERSTAND YOUR CARRIER'S POLICIES. SAB does not provide staff chaperones for this travel. Please plan carefully and accordingly.

What type of security do you have in the Rose Building & Residence Hall?

The Samuel B. and David Rose Building—the building that houses offices for a number of Lincoln Center constituents (including SAB) and the Meredith Willson Residence Hall—is part of the Lincoln Center for the Performing Arts complex. A 24-hour guard station is located just inside the entrance to the building. Students will receive access cards that are programmed to allow entry through turnstiles on the ground level, but all other guests must check in with building security.

To enter the Rose Building's residence hall, students must pass through a dedicated security checkpoint with 24-hour monitoring. Only students residing in the residence hall during the summer are allowed past this security station. Finally, the SAB residence hall front desk also has 24-hour coverage to help monitor activity that is taking place inside the residence hall. Students & parents are able to call the residence hall any time of day or night to reach a staff member.

Who will be looking after my student in the Residence Hall?

Year-round Student Life professionals trained in adolescent care and counseling spearhead a 13 person live-in staff and security team to oversee the residence facility 24/7. Student Life apartments are spread throughout the building with at least two staff living on each floor.

Are the Residence Hall floors separated by gender?

The final gender breakdown for Summer Course enrollment, combined with the variances in suite sizes, make gender separation by floors impossible to guarantee. However, each floor is divided into suites and suites are gender specific.

How and when do you do roommate assignments?

Room and roommate assignments are one of the last steps carried out in preparation for the beginning of the Summer Course. The School is unable to provide any information on these decisions prior to move-in day. ALL ROOMMATE REQUESTS MUST BE MUTUAL. We work very hard to accommodate all requests, however they are never guaranteed. If a student does not know anyone else attending the SAB Summer Course—and this is usually the case!—they will be randomly matched with students based on age. Please note that when room assignments are made, the only factors that are considered are age and gender. We are not able to honor requests such as "Kelly would like to live with another student from Pennsylvania" or "Please room John with a student who is from a different part of the country." Roommate requests can be made using an online Roommate Request Form which will be made available in early April.

Please note that there are a handful of single rooms available. If your student would like to be considered for one of these spaces, please email Eunice Omega, Associate Director of Student Life for Residential and Transitional Programming, directly at eomega@sab.org. As with roommate requests, single room assignments will not be confirmed until students arrive on move-in day.

Finally, if your roommate request changes after you submit it online, we also ask that you email Eunice Omega at the email address above. Again, all requests MUST be mutual and requests or changes in requests made less than a week prior to Summer course move-in cannot be accommodated.

How many students are in each bedroom over the summer?

There are a number of different room configurations in our Residence Hall. There are a very limited number of single rooms; the rest of our bedrooms are doubles and triples. Every bedroom is within a suite containing between 2 and 5 bedrooms total. Students share several bathrooms within each suite. Dressers and closets are all shared, so students should be mindful during packing that space is limited.

How is medication and medication disbursement handled during the Summer Course?

Students will be required to check all medications (prescription and non-prescription) with our school nurse upon checking in to the residence hall on June 28. Our staff will ensure that students with prescriptions receive their medications at the appropriate times daily and as prescribed by doctors. The nurse may decide that some medicines are appropriate for students to keep on their person but this is rare and will be determined when students and parents sit down with the nurse during our check-in process. Inhalers and Epi-Pens are standard exemptions to our medicine collection policy. Our staff maintains a medicine closet stocked with over-the-counter medications such as Advil and cold medicine. These medications can be disbursed to your student in accordance with parental instructions left on our Student Medical Form.

How will my child be cared for if they become ill or suffer an injury during the Summer Course?

SAB has a Registered Nurse who has set hours in the residence hall seven-days a week for 2 hours each day. Any student, resident or non-resident, may see the nurse during her office hours. Her office is located on the 14th floor in the residence hall. SAB also has access to a network of doctors and doctor's offices, should it be determined that your child requires an office visit. This decision will be made jointly by parents at home, our nurse and our staff. Except in the case of an emergency, students will not be taken to a doctor's office without your approval and cooperation. All students must submit a medical form that outlines what type of medication we may administer to your child for common ailments like headaches, colds, upset stomachs, etc. We will follow your instruction regarding the distribution of these medicines. Additionally, students are not allowed to keep personal medications in their room. All medications, prescription and otherwise, will be checked with the nurse at move-in and are always distributed to students by a staff member as they are needed/prescribed.

SAB also has on-site physical therapists. Their hours will be set as we get closer to the Summer Course but all students, resident and non-resident, may see them for basic care. If students have an injury, they should visit PT for an initial evaluation. Our physical therapists will evaluate the injury and determine what further steps should be taken to help the student through their injury (this may involve education in self-care techniques like stretching and strengthening or it may involve further examination by an orthopedic doctor).

The School has relationships with a number of private doctors of all specialties. Student Life Staff members will help to schedule appointments for your student. Students under the age of 18 are not allowed to see a doctor without parent/guardian permission and they must be escorted to their visit by a staff member. Many doctors require payment for their services at the time of the visit. If you have an insurance claim form, the doctor may accept that in place of payment. If you have an HMO, you may want to find a doctor in NYC who will accept your HMO plan as payment. All costs associated with doctors' visits (including transportation to and from the visit for the student and staff member) are the responsibility of the student.

If my child's doctor determines there is no known risk of TB, does my child still need a PPD test?

No. Your child may waive the PPD testing if their doctor determines that he/she is not at any known risk of exposure (a separate doctor's signature is required on the Medical Form for waived testing).

What types of activities and programming will be offered to students?

There are two types of activities offered by our staff to keep students engaged and busy outside of the dance studios throughout the summer course: pre-paid trips and in-house activities. In-house activities are programs that take place within the residence hall. The cost of these programs is included in your student's In-house Activity Fee. Our staff members plan and implement these programs. Activities include arts & crafts, movie nights, snacks, game nights and much more. Pre-paid trips are off-site activities that require payment in advance of the Summer Course. Payment for these activities is NOT included in the \$150 In-house Activity Fee. These include Broadway shows, ballets, sightseeing tours and museum visits. During the first week of May, families will receive an email which includes the selection of pre-paid activities and a registration form. Pre-paid activities are first come, first served, though we do our best to accommodate all students. These trips are chaperoned by our summer course staff. Students will receive a full calendar of activities on move-in day, including a list of all pre-paid activities for which they've been confirmed. All of these activities are open to both resident and day students.

Can SAB store money over the summer?

There are several ATM machines located within a short distance of SAB. If you do not have an ATM card, we suggest that you store your money with the Office of Residence Life. On move-in day you will be given the opportunity to leave an envelope with cash and instructions for disbursement with our desk staff. This money will be locked securely with the Associate Director of Student Life for Residential and Transitional Programming for the duration of the Summer Course. The Associate Director of Student Life for Residential and Transitional Programming as well as the Associate Director of Student Life for Academic and Cultural Programming will hold daily "Bank Hours", Monday through Friday. During these hours, and these hours only, students may retrieve their money in accordance with the provided parental instructions for amounts and frequency of withdrawal. Students should plan ahead for their withdrawals, taking into account their class schedules, upcoming trips and weekend plans. Envelope balances will be verified at each withdrawal and remaining monies will be returned to parents on move-out day. Please ensure that bills are left in denominations that accommodate parental disbursement guidelines. For example, please do not leave only \$20 bills if instructions are for your student to receive \$15 per week. We are unable to make change.

Is there a drugstore nearby where my student can purchase items like soap, laundry detergent, etc., upon arrival?

Yes! We have a number of drugstores nearby where students can purchase these items. Additionally, our local Bed Bath and Beyond (Lincoln Square) is a 3 minute walk from the Rose Building. This is a great option for sheets, pillows, laundry detergent, shampoo, and any other bulky or difficult to pack items. We highly encourage families to consider this option when packing. Purchasing these products upon arrival in NYC will help keep suitcases and carry-on bags much lighter during travel to the School.

Family will be visiting during my child's stay in NYC, can we keep our child out past his/her curfew to attend a Broadway show or a late dinner?

During the summer we do not accommodate any extended curfew requests. If a student has friends or family visiting and plans will not get them home by their curfew, they must plan to spend the night outside of the Residence Hall with their visitors. They may return to the Residence Hall after 8am the following morning to prepare for class. To do this, students and their families must confirm overnight plans with a Residence Hall staff member when the student signs out for the evening. They must sign out before their standard check-in time. This policy is in place to help our staff manage the high number of students living in the Residence Hall--each age group with a different check-in time and

room curfew. We make no exceptions to this rule. Please keep this in mind and plan accordingly.

Do students have internet access over the summer?

Yes. The SAB Residence Hall is fully equipped with wi-fi for activities like web browsing, email, academic websites and Skype/Facetime. However, due to bandwidth limitations in the Residence Hall, streaming services such as Netflix, Hulu, HBO- Go, Amazon Prime, etc. are blocked on our student network. Additionally, students may check email or browse the internet by visiting one of the two New York Public Libraries that are on the Lincoln Center Campus. Furthermore, Lincoln Center's outdoor plaza space and the Rubenstein Atrium have free wireless for students with laptops or other wireless devices. Our Residence Hall receives good signals from wireless providers so cell phones and devices with network connections are able to connect with no issue.

My child plays the piano and we would really like for her/him to keep up their practice over the summer. Does SAB or Juilliard have a piano they can play?

Unfortunately there are no pianos (or practice spaces for other instruments) available to students during the Summer Course. While there is a piano available to students during the Winter Term, this space is re-purposed to meet staffing needs during the summer and is not available during June and July. Additionally, practice rooms in the Juilliard School are locked and not available to students outside of their residential programs.

My child is interested in attending SAB for the upcoming Winter Term. Do I need to notify SAB of this, and is there anything I can do to prepare now?

SAB's faculty will automatically consider every summer student who will be aged 14 and older as of fall 2020 AND entering the 9th grade (or higher) academically for admission to the 2020-21 Winter Term. You do not need to take any action to indicate to us that you would like for your child to be evaluated for year-round enrollment. Invitations to Winter Term are usually made during the second half of the Summer Course and are contingent upon the number of open spaces available in SAB's residence hall. Our faculty will also evaluate students from the NYC metropolitan area for enrollment in the Winter Term as commuting "day students". Note that students who attend the Summer Course are not eligible to attend SAB's Winter Term audition in September (as decisions about their Winter Term status will already have been made during the Summer Course). This spring SAB will invite all parents of enrolled Summer Course students to submit a Winter Term financial aid application. This step is optional and has no impact on a student's potential admission. However, parents who have already completed a financial aid application will experience a more efficient enrollment process should their children be offered a space in the Winter Term in mid-July. Note that all Winter Term aid is based on financial need and cannot be determined until a financial aid application has been submitted.

May I send clothing/bedding/etc in advance?

Yes! All summer students living in the Residence Hall are welcome to ship boxes in advance of their arrival. The earliest we are able to accept your box is Monday, June 22. Please plan your shipping dates accordingly. All boxes received by SAB will be waiting for students in their assigned dorm rooms on move-in day. Please ship packages to the following address:

School of American Ballet
attn: Student's Name
165 West 65th Street
14th floor
New York, NY 10023